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LOOKING FOR LOVE? TIME TO BREAK “THE RULES” AND CALL IN “THE ONE”

“Katherine Woodward Thomas discovered a portal to love and beckons us all to follow her lead. A wonderful book for all those seeking to bring a deep and magical love into their lives.” Marianne Williamson

LOS ANGELES - Experts claim that a never married woman over 40 has a better chance of being hit by a bus than finding a husband and having a family. At 41, Katherine Woodward Thomas was a member of one of the fastest growing groups in America, the “never marrieds.”

Katherine, a licensed psychotherapist, decided to make her dream of a husband come true by her 42nd birthday, a mere eight months away. When Thomas declared her goal to a friend, she had no prospects for the ideal mate. Yet, six months later, she was engaged to the love of her life after having logged onto an Internet Dating site for her first (and only) time. She chose one anonymous man to respond to out of the more than a quarter of a million people showcased on the site—only to find that he was a man she had not seen in six years and considered “the one that got away”.

Having found her true love, she has created a provocative, yet simple course for others to do the same, detailed in her book, **Los Angeles Times’ Best-Seller, “Calling in ‘The One’: 7 Weeks To Attract the Love Of Your Life”** (Three Rivers Press, \$15.95). “Calling in ‘The One’” is a ground breaking, no-nonsense seven-week course designed to empower people to “attract in” the love they seek. Based upon her own personal experience, as well as the ancient “Law of Attraction”, Thomas’ strategy is simple: “You can only attract what you’re ready to receive.” Her empowering approach takes you through a step-by-step process she’s shared with hundreds of **men and women** in her highly acclaimed workshops. Thomas says, **“The best way to find the right person is by being the right person.”**

Thomas helps singles create their best life as a prerequisite to calling in “The One”. For each of the 49 days of the course her book details, readers get a daily reading, activity and journaling exercise. These help identify their obstacles to love and the changes needed in order to attract in the perfect partner.

Combining the successful format of *The Artist’s Way* with a potent new philosophy of self-nurturing and tossing the baggage, **Calling in “The One”** is a unique guide and a powerful tool for everyone searching for their soul mate.

ABOUT THE AUTHOR

KATHERINE WOODWARD THOMAS, M.A., M.F.T., has appeared on *Today* and *Good Day L.A.* and is a licensed psychotherapist who has been creating and facilitating workshops and seminars for more than a decade. She contributes monthly to magazines and is a seasoned media guest. She lives in Los Angeles with her husband and daughter.

NOTE TO EDITOR: THOMAS AVAILABLE FOR INTERVIEW. REVIEW COPY, HEADSHOT, B-ROLL, “SUCCESS STORY” COUPLES UPON REQUEST. SEE WWW.CALLINGINTHEONE.COM. Available in bookstores and on www.Amazon.com.